



For Online lupus info & support:  
<http://members.aol.com/pubpanda/index.html>

Did You Know?

## LUPUS FACTS

- Nearly two million Americans have lupus.
- More people have lupus than AIDS, Cerebral Palsy, MS, Sickle Cell Anemia & Cystic Fibrosis combined.
- There are two forms of lupus: DISCOID lupus which affects only the skin, and SYSTEMIC lupus which can affect virtually any organ or system in the body.
- Women are the main target, but men & kids can have it, too.
- Lupus can be mild to life threatening, depending on what organs are involved. There is no cure, but lupus can be treated.

"With lupus...you have both connective tissue disease and an over active immune system. Symptoms vary from person to person but usually include fatigue, joint pain and swelling, butterfly rash, mouth sores, neurological, kidney, heart and skin problems. A 24-hour "bug" can knock a Person with lupus flat for weeks. Stress can cause lupus flares as can over exposure to the sun...The worst is never knowing what the day will bring...One week you can't walk because your muscles and tendons are stretched near to breaking, the next, you can walk fine again, but now have an infection that doesn't respond well to antibiotics...Or maybe the worst is looking okay (just a little fat from the prednisone) and hearing someone talk about you as though you were lazy or a hypochondriac...You pray for remission."  
 -a lupus patient

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